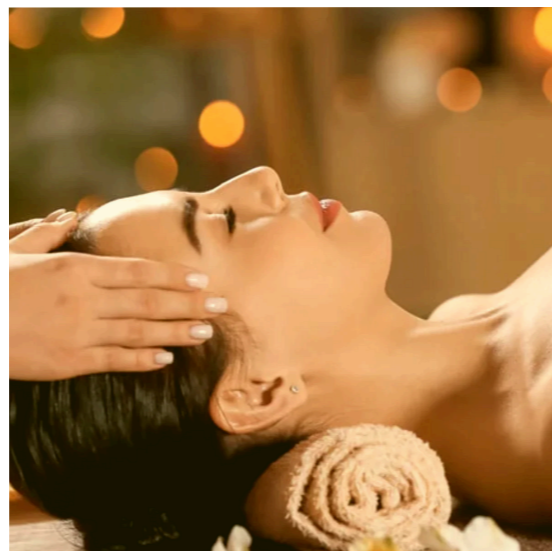




Wilderness Hydro



MASSAGE THERAPY & BODY TREATMENTS



Massage Therapy

Scalp Massage	25min	R240
Foot Massage or Hand Massage	20min	R175
Indian Head Massage	30min	R375
Leg Massage	30min	R320
Reflexology for the Feet	30min	R360
Reflexology for the Feet (incl. scrub)	45min	R400
Back, Neck & Shoulder Massage	30min	R400
Back, Neck & Shoulder Massage	45min	R450
Back, Neck, Shoulder & Foot Massage	50min	R495
Sports Massage (back, neck, shoulders & legs)	60min	R830
Swedish Full Body Massage	60min	R800
Hot Stone Back, Neck & Shoulder Massage	30min	R550
Hot Stone Full Body Massage	60min	R890
Hydro Herbal Massage (Mint/Lavender/Eucalyptus)		R950



Body Treatments

Full Body Exfoliation	25min	R400
Mud Wrap	50min	R490
Full Body Exfoliation with Body Clay Wrap	70min	R990



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Kindly note that all images featured are stock photos for illustration purposes.



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HANDS & FEET

Hands

Gel overlay	60min	R390
Mini-Manicure (excluding color varnish & massage)	30min	R220
Hydro full Manicure	60min	R420
French Manicure	75min	R420
Paraffin Wax Manicure	90min	R480
Paraffin Wax Dip	30min	R210
Soak off Gel		R110
Soak off Acrylic		R150

Feet

Gel overlay	60min	R380
Full Pedicure with Gel Finish	75min	R490
Mini-Pedicure (excluding color varnish & massage)	30min	R300
Hydro Pedicure	60min	R420
French Pedicure	65min	R450
Paraffin wax Pedicure	90min	R500
Paraffin Wax Dip	30min	R200
Pedi-Reflex	90min	R490
Re-varnish	30min	R120
Soak off Gel	45min	R110
Soak off Acrylic	50min	R150



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EYES, FACIAL & HYDRO THERAPIES

Eyes

Eyebrow Pluck / Wax		R100
Eyebrow Tint		R 90
Eyelash Tint		R 90
Eyebrow & Eyelash Tint		R175

Facial Treatments



ENVIRON®
stockist

Environ Hands-On Mini Facial	30min	R550
Environ Hands-On Vitamin Therapy	60min	R710
Environ Deep Cleansing Vitamin Therapy	90min	R880

Hydro Therapies

Sauna room per person	30min	R300
Luxurious Aroma Therapy Bath	30min	R330
Rasual Pamper per person	45min	R420



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WAXING

Waxing

Lip Wax / Eyebrow Wax / Chin Wax	R90
Facial Wax	R220
Underarm Wax	R200
Arm Wax	R210
Bikini Wax	R200
G-String Wax	R245
Brazilian Wax	R250
Hollywood Wax	R300
Half Leg Wax (below the knee)	R250
Three-Quarter Leg Wax (above the knee)	R280
Full Leg Wax	R300
Back or Chest Wax	R320

Join Our Elite Membership.

Ask your therapist about our exclusive one-year membership for special perks and offers.



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PACKAGES

Gentleman's Treat

1hr30 min R1100

30-min sauna, followed by a custom herbal-infused massage. Benefits include stress relief, improved circulation, reduced joint pain, detoxification, and better sleep

Stress Buster Delux

1hr30min R1000p/p

Enjoy our renowned signature relaxation combo, now extended for ultimate indulgence: Back, Neck & Shoulder Massage, Indian Head Massage, and Foot Massage.

Stress Buster

60min R900p/p

A blend of Back, Neck & Shoulder Massage, Foot Massage, and Indian Head Massage.

SPA Package

2hrs20min R1650p/p

Enjoy extended bath and Jacuzzi time for ultimate relaxation. Begin your journey to rejuvenation with a sauna session to boost blood circulation, followed by a soothing herbal hydro Jacuzzi. Then, unwind with a back, neck & shoulder massage, Indian head massage, and refreshing foot massage to leave you feeling completely renewed.

Hot Stone Indulgence

2hr30min R2100p/p

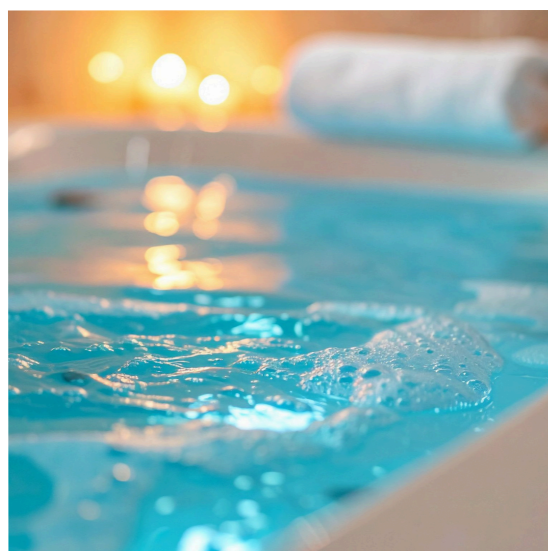
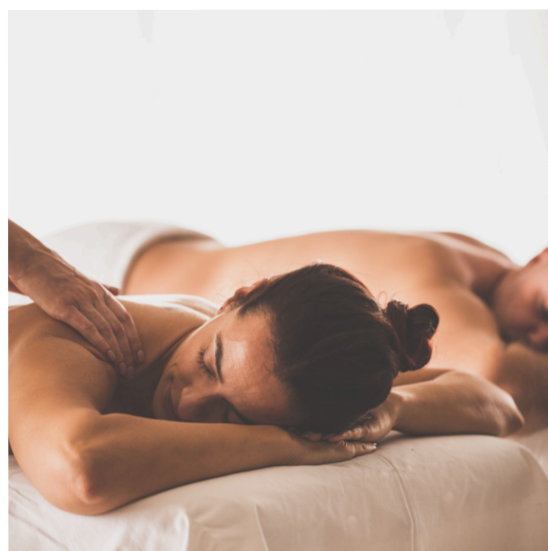
Full Body Hot Stone Massage, Mini Facial, Reflexology & Indian Head Massage.



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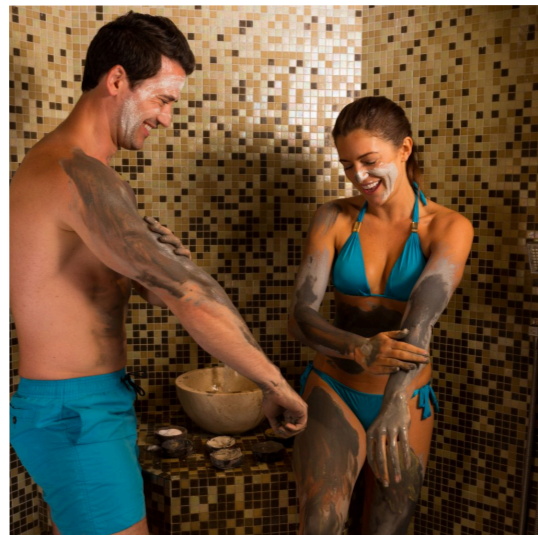
COUPLES PACKAGES

Prices are per couple

Couples Reunite Mind, Body & Soul 2hrs R2760
Sauna Session, Swedish Massage, Hydro Tub Experience

Couples Hydro Breakaway 3hrs R4400
Back & Neck Massage, Mini Facial, Mini Pedicure, Herbal Hydro Bath, Sauna & Full body exfoliation.

Just the two of us 45min R2200
Rejuvenate in our Rasual Chamber with a self-applied mud or natural scrub, followed by a 30-min back, neck & shoulder massage and an Indian head massage



Indulge in Bliss
Book Your Escape Today!



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✉ info@wildernesshydro.co.za

🌐 www.wildernesshydro.co.za

📍 A New Resort, 6 George Street, Wilderness

Wilderness Hydro

@ ANEW Resort Wilderness



INFORMATION

At The **Wilderness Hydro**, we are dedicated to providing an exceptional and relaxing experience for all our guests. We welcome you to enjoy our range of services, which are open to the public. Gift vouchers are available for purchase at reception and are valid for one month from the date of purchase. Don't forget to ask your therapist about our exclusive one-year membership for elite benefits.

Payment Information

We welcome major credit cards, though unfortunately, we cannot accept checks, Diners Club, or American Express cards.

A 50% deposit is required for all treatments exceeding R300 in value. For Hydro packages, a 50% deposit is required to secure your booking. Gift vouchers are non-refundable, cannot be exchanged for cash, and must be presented at the time of your appointment; otherwise, the full treatment price will be charged.

Cancellation Policy

We ask that cancellations be made at least six hours in advance. For cancellations made within six hours of the appointment, 50% of the treatment cost will be charged. Deposits paid can be applied to reschedule the booking or may be exchanged for a gift voucher. All deposits are non-refundable unless the cancellation is made at least seven days in advance.

Terms and Conditions

To ensure a comfortable and safe environment for everyone, please observe the following guidelines:

- Bring comfortable, open shoes and a bathing costume.
- Female clients are asked to refrain from water treatments during menstruation for hygiene reasons.
- Please remove contact lenses before treatments and shower beforehand. We recommend leaving valuables and jewelry at home.
- Allow adequate digestion time before your treatment, and refrain from alcohol consumption.
- Inform your therapist if you are pregnant, have skin allergies, or any medical conditions, such as high blood pressure.
- Use of the sunbed is at your own risk, and The Wilderness Hydro assumes no liability for any resulting harm.
- Please silence cell phones upon entering the Hydro premises to maintain a serene atmosphere.
- We cannot be held responsible for lost or damaged personal items.
- Guests under the age of 16 may receive treatment only if accompanied by a parent or legal guardian. Children under 10 are not permitted on the Hydro premises.

Business Hours

Monday to Saturday 8:00 - 20:00

Sunday 9:00 - 17:00

We are open on public holidays, except for December 25th and January 1st.

On December 24th and 31st, hours are 8:00 - 17:00.

Please note that hours may vary, we recommend confirming with us beforehand.

Book Today



 066 289 5344  044 877 1110

 info@wildernesshydro.co.za

 www.wildernesshydro.co.za

 ANew Resort, 6 George Street, Wilderness